



WORKCAMP- PACKING LIST*

**no warranty:)*

All sorts of challenges and experiences await you during the workcamp. To make sure that you are prepared for anything, here is a small packing list, of what you should add into your backpack, (for you (some construction sites are difficult to access, so a trolli might not be the best idea). Please consider that it can get a bit dirty on the constructionsite, so please don't just bring your favorite jeans and t-shirts :)

1 FOR THE WORKCAMP

- ☐ work boots/safety boots (S3)
- ☐ work clothes (pants and shirts)
- ☐ work gloves
- ☐ sun hat/cap
- ☐ rainjacket
- ☐ rainboots (if needed)
- ☐ insect spray
- ☐ sunscreen

2 TOILETRIES

- ☐ toothbrush and -paste
- ☐ soap and shampoo
- ☐ hairbrush
- ☐ deoderant
- ☐ razor
- ☐ personal medicine
- ☐ laundry detergent
- ☐ tampons/pads/cup
- ☐ towels

3 CLOTHING

- ☐ clothing for the weekend
- ☐ warm sweater

- ☐ underwear, bra and socks
- ☐ sleepwear
- ☐ swimwear
- ☐ sandals or flipflops
- ☐ slippers

TIP: Check, if your workcamp has a washing machine that you can use!

4 OTHER

TIP: Check, if there are beds and bedsheets available, or if you need to bring it yourself!

- ☐ possibly sleeping bag
- ☐ possibly thermal mat
- ☐ earplugs and sleepingmask
- ☐ your own waterbottle
- ☐ small first-aid kit
- ☐ notebook
- ☐ camera
- ☐ charger and/or powerbank
- ☐ adapter (if nessecary)
- ☐ bluetooth box, musical instruments, playing cards ...

- ☐ a good book, stretchbook, slackline, ... anything you need for your freetime!

5 DOCUMENTS

- ☐ passport (check validity for respective country!)
- ☐ health insurance card and possibly medical documents
- ☐ visa (if necessary)
- ☐ plane tickets and reservations
- ☐ contact from your workcamp

6 ALSO IMPORTANT

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- ☐